

Real-world treatment patterns and outcomes of Zanubrutinib in chronic lymphocytic leukemia and small lymphocytic leukemia (CLL/SLL)

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Background

- Zanubrutinib (zanu) is a next-generation selective Bruton's tyrosine kinase inhibitor (BTKi) with superior efficacy and lower rates of cardiac events seen in clinical trials over first-generation ibrutinib (ibru) in CLL/SLL patients (pts).¹⁻⁴
- Herein we present real-world treatment patterns and outcomes based on a formulary change from ibru to zanu in pts with CLL/SLL in an integrated community oncology practice.

Methods

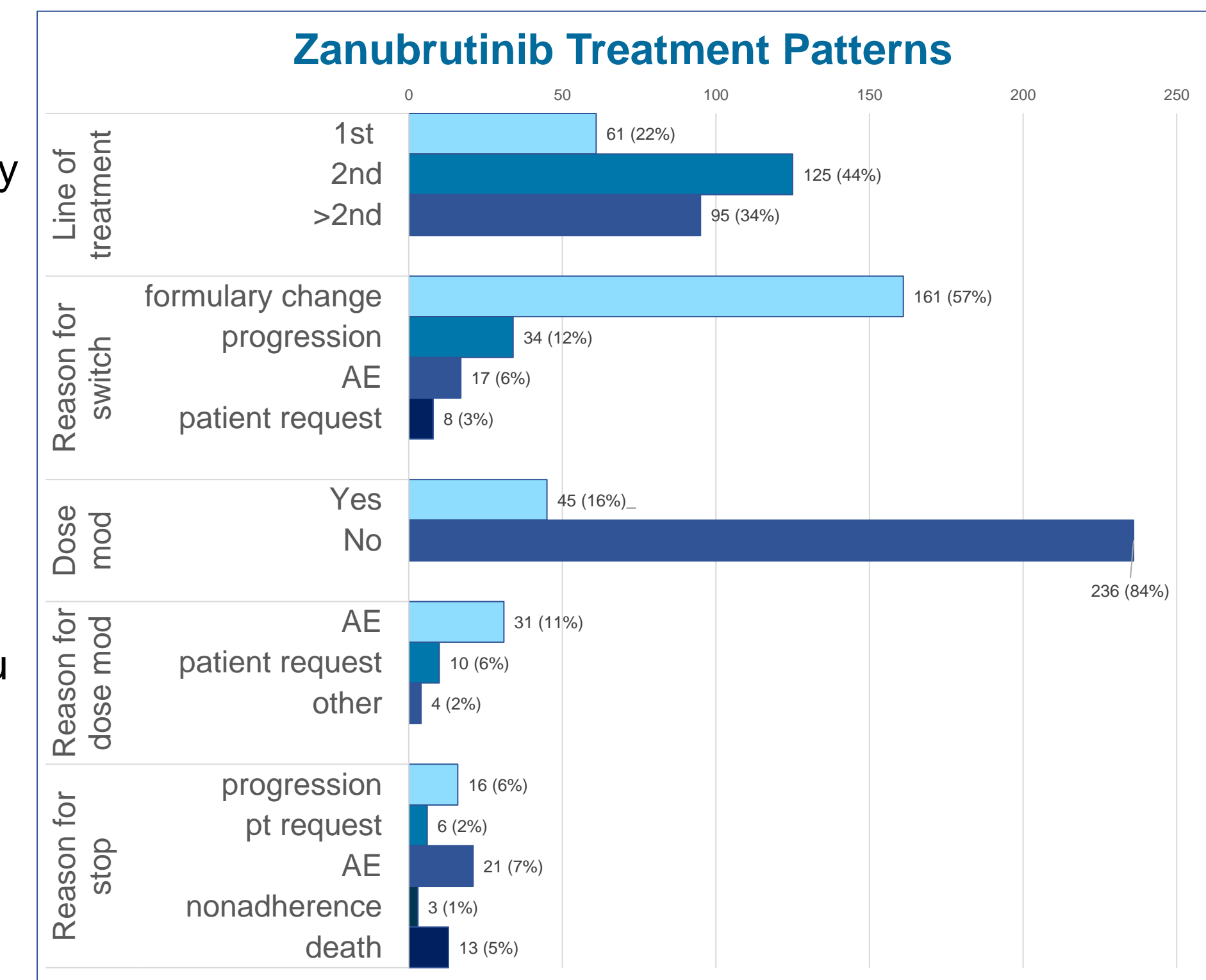
- Retrospective analysis of CLL/SLL pts 18 years and older who received at least 3 months of zanu from October 1, 2018 to September 15, 2023 at Kaiser Permanente Northern California.
- Outcomes:
 - Treatment duration (defined as first fill to last fill of prescription), dose reduction rates, discontinuation rates, mortality
 - Treatment-emergent adverse events (TEAEs: AEs reported during BTKi use), treatment-limiting adverse events (TLAEs: AEs leading to BTKi discontinuation), cardiotoxicity TEAEs and TLAEs.

Table 1. Demographics	Overall (n=281)	Ibru to Zanu (n=190)	Zanu only (n=91)
Age at 1 st BTKi fill, median (range)	71 (64,76)	69 (62,75)	74 (66,80)
Sex, n (%)			
Male	181 (64)	117 (62)	64 (70)
Female	100 (36)	73 (38)	27 (30)
Race/ethnicity, n (%)			
White	210 (75)	138 (73)	72 (79)
Black	28 (10)	22 (12)	6 (7)
Other	43 (15)	30 (16)	12 (14)
Charlston Comorbidity Index, mean (SD)	2.1 (1.8)	2.0 (1.8)	2.4 (1.8)
Insurance type, n (%)			
Commercial	87 (31)	60 (32)	27 (30)
Medicaid	7 (2.5)	7 (3.7)	0 (0)
Medicare	186 (66)	122 (64)	64 (70)

Table 2. Outcomes	While on Ibru (n=190)	While on Zanu (n=281)	After Ibru-Zanu Switch (n=190)	After Initiating Zanu Only (n=91)
Median Follow Up, mos. (range)	46 (15,115)	23.7 (3.3,26)	24.4 (5.5,26)	8.2 (3.3,25)
Median treatment duration, mos.	20.8 (0.2,89)	20.5 (3,25)	22.8 (3,25)	6.6 (3,25)
TEAE, n (%)	69 (36.3)	88 (31.3)	56 (29.5)	32 (35.2)
TLAE, n (%)	21 (11.1)	22 (7.8)	14 (7.4)	8 (8.8)
Cardiotoxicity, n (%)				
TEAE	18 (9.5)	6 (2.1)	5 (2.6)	1 (1.1)
TLAE	8 (4.2)	2 (0.7)	2 (1.1)	0 (0)
CTCAE grade of TLAE ≥3, n (%)	7 (3.6)	4 (1.4)	3 (1.6)	1 (1.1)

Results

- 281 pts received at least 3 mos of zanu: 190 pts switched from ibru, and 91 pts received zanu only
- 26 pts (9%) with del(17), 267 pts (95%) with unmutated IGHV, 13 pts (5%) with complex karyotype
- Lower TEAE, TLAE and cardiotoxicity rates seen with zanu use than with ibru use
- Special interest AE: atrial fibrillation
 - TEAE: 8 pts (4%) on ibru, 3 pts (1%) on zanu
 - TLAE : 3 pts (1.6%) on ibru, 1 pt (0.3%) on zanu
- Most common TLAEs:
 - On ibru: atrial fibrillation (1.6%), fatigue (1.6%)
 - On zanu: cytopenia (1.4%), rash/bruising (1%)
- Most TLAEs were reported as Grade 1/2 by CTCAE (>67% of total TLAEs)
- Of the 281 zanu pts, 79% remain on treatment with median follow up of 24 months
- 13 pts died (8 from infection, including 5 from COVID), with no reports of treatment-related deaths.



Conclusion

- In the real-world setting post-formulary change, Zanubrutinib is effective and safe in patients with or without prior ibrutinib use
- Zanu use had lower rates of cardiotoxicity and TLAE than observed with ibru use with decreased rates after switch
- Limitations of study: Difference in follow-up time between ibru and zanu use; pts with <3mo of therapy were excluded
- In real world settings, discontinuation and dose reductions were most often due to low grade AEs by CTCAE

Contact & References



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